

What if transiting Saturn is conjunct natal Mars? If you are a dog, your tail stops wagging.

Poor Tashi has Saturn transiting her natal Mars and she hurt her Achilles tendon. She also threw her back out as well as her neck. Saturn rules the back, the structural skeletal system of our bodies and Mars is about the physical body.

We were looking forward to a local Agility match but it was not meant to happen for us this time around. I looked at her astrology as I generally do before I fill out the entry for a trial. I thought she might not feel in top form so I only signed her up for 1 ½ days instead of 2 ½ days of events. Now she is recuperating and that's one good way to cope with Saturn transiting your Mars.

If your Mars is in Virgo you might have had a similar bout with your back or muscles or tendons. There is the extra potential for an accident because of the opposition to Uranus as well. Tashi must have twisted her ankle in a rather normal activity like jumping up on furniture or onto people's laps.

Our US president must be feeling the affects of Saturn's transit also since it is moving toward his Mars starting in September 2009. Guess where President Obama has his Mars Asc? You guessed it - in Iraq and Tehran, Iran has his Apollon as well as his Mars as a natal influence. Thus, transiting Saturn will be in this region at end of August and beginning of September (just in time for the Mercury Retrograde). Well, that's a long time to hold your breath and I certainly hope our president does stress management on his body this summer or we may see him in a back or neck brace. Saturn is forcing him to focus on the problems that are arising even though he wants to focus on healthcare and economic reform.

The generation that president Obama comes from all has Virgo Pluto's and currently Saturn is pressing against those of you who have Pluto between 15 and 22 degrees. I have found the combination of Saturn conjunct Pluto as a difficult time to stay optimistic and hopeful. It is a time of hard work on releasing old problems and learning lessons that kind of stick in the throat.

Solving problems is mandated with Pluto in Virgo and this is the generation that feels a responsibility to fix the problems that are so powerful – such as economy, healthcare, climatic changes and global relations. So keep working but eat mindfully.